

Three - Ingredient Cereal Bars

Quick, healthy, energy on-the-go.



INGREDIENTS:

- 1 Cup Peanut Butter
- 1/2 Cup Honey
- 2 1/2 Cup Rolled Oats

DIRECTIONS:

1. Combine peanut butter and honey in a microwave-safe bowl. Microwave for 90 seconds
2. Stir in Oats.
3. Press mixture in 8x8 pan. Let set and cool. Enjoy.



Innovating primary care, leading as a Patient-Centered Medical Home.