

Healthy Pumpkin Spice Latte



INGREDIENTS:

½ cup milk (any type;
almond milk is nice)
½ cup brewed coffee
1 tablespoon
pumpkin puree
1 tablespoon maple syrup
¼ teaspoon pumpkin
pie spice

INSTRUCTIONS:

1. In a small saucepan over medium heat, whisk together all the ingredients.
2. As soon as it starts to simmer, stir well and pour into a mug.
3. Enjoy!

