

# Honey Roasted Parsnips



## INGREDIENTS:

2 pounds of parsnips  
2 table spoons of olive oil  
2 table spoons of honey  
Salt and pepper, to taste

## INSTRUCTIONS:

1. Preheat oven to 400 degrees. Line a sheet pan with tin foil and evenly grease with oil to prevent sticking.
2. Peel and de-core (if necessary) parsnips, cutting them into equal size pieces.
3. Place parsnips on sheet pan and drizzle with olive oil, honey, and salt and pepper.
4. Hand toss the parsnips and lay them out flat on the sheet pan.
5. Place in oven for 20-25 minutes.

